

Sts. Peter and Paul Albanian Orthodox Church

First-enthroned of the apostles, teachers of the universe: Entreat the Master of all to grant peace to the world, and to our souls great mercy!

Rev. Nicholas Dellermann (*Rector*) (860) 861-7468 – Very Rev. H Gregory DuDash

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March 24, 2019

SECOND SUNDAY OF LENT: ST GREGORY PALAMAS
FOREFEAST OF THE ANNUNCIATION
TONE 2

Today	10:00am	Divine Liturgy Sunday School Lenten Vespers
Wed. 27	7:00pm	Presanctified Liturgy Pot-luck dinner
Sat. 30	6:00pm	Vespers
Sun. 31	10:00am	Divine Liturgy Sunday School

One must be baptized and chrismated an Orthodox Christian to receive Holy Communion. Guests are invited to receive a blessing at the chalice and partake of the post-Communion bread (Antidoron).

Fast Days: Strict fast all week.(fasting from meat, fish, eggs, dairy, oil, wine and hard spirits as you are able.) Wine and oil allowed on Saturdays and Sundays.

Troparion – Tone 4
(Forefeast)

*Today is the prelude of joy for the universe.
Let us anticipate the feast and celebrate with exultation:
“Gabriel is on his way to announce the glad tidings to the Virgin;
he is ready to cry out in fear and wonder:
‘Rejoice, O Full of Grace, the Lord is with thee!’”*

Kontakion – Tone 2
(Resurrection)

*Hell became afraid, O almighty Savior,
seeing the miracle of Thy Resurrection from the tomb!
The dead arose! Creation, with Adam, beheld this and rejoiced with Thee,
and the world, my Savior, praises Thee forever.*

Welcome to all visitors! Please join us upstairs in the church hall for coffee hour after liturgy.

Prayers for those in our Sts. Peter and Paul community (parishioners, family, friends) can be listed for remembrance in our litanies during the Liturgy. Feel free to give names to Fr. Nicholas - please indicate how each person listed is connected to us (parishioner, family, friend, etc.), as well as why we are praying for them (health, memory, travel, etc.).

Confessions can be heard by appointment. If you need, I will come to you during the week. Please do not hesitate to call for a time to drop by the church or to have me visit you.

Remembrances for both the living and the dead during the prayers of preparation of the Eucharistic Lamb and during the Augmented Litany should be given the week before the desired remembrance so that the names can be put into the bulletin and given to the Deacons for the prayers. Any names of the living that are not marked as sick or traveling will be listed under general prayers.

SCRIPTURE THIS WEEK

Church Lectionary

Today

Hebrews 1:10-2:3
Mark 2:1-12

Monday

Hebrews 2:11-18
Luke 1:24-38

Tuesday

Isaiah 9:9-10:4
Genesis 7:1-15
Proverbs 8:32-9:11

Wednesday

Isaiah 10:12-20
Genesis 7:6-9
Proverbs 9:12-18

Thursday

Isaiah 11:10-12:2
Genesis 7:11-8:3
Proverbs 10:1-22

Friday

Isaiah 13:2-13
Genesis 8:4-21
Proverbs 10:31-11:12

Saturday

Hebrews 10:32-38
Mark 2:14-17

Reading the Bible in a Year

Mar 24: 2 Kings 17-20
Mar 25: 2 Kings 21-25
Mar 26: 3 Kings 1-4
Mar 27: 3 Kings 5-8
Mar 28: 3 Kings 9-12
Mar 29: 3 Kings 13-16
Mar 30: 3 Kings 17-20

Special Prayers

Ill/Home-bound:

Virginia Rifkin, Ruth Rifkin, Virginia Daka, Emmelia Stone, Liam, Denise Gormley, Victor, Sonya, Anna, George, Lyanna, Barbara, Katelyn, Margarita, Annmarie, Shpresa, Ralph John, Christina, Mary, Alexandra, Matthew, Fran, Sophie Plasari, Donna, Michael, Fr. Gregory & Mat. Linda DuDash, Leon, child Luka, child Makayla, Rhonda, Ashley, CJ, Elizabeth, Rebecca, Lev, Margarita, Rachel

General:

Michael Peterson, John, Darian, Tammy, Jean Dimitri, Cheryl Dimitri, Jason, Anna, George, Sonya, Catherine, Alisha, Sasha, Joseph, Kimberly, Niko, Kristin, Robert, Jerry, Pina, Jerry, Chris, Matt, Gianna, Menina, Eugenia and the child to be born of her, Evgenia and the child to be born of her

Memory Eternal:
Taisia

March

24 – 10:00am Divine Liturgy
Sunday School
4:00pm Lenten Vespers
25 – 9:00am Divine Liturgy
Annunciation
27 – 7:00pm Presanctified Liturgy
Pot-luck dinner
30 – 6:00pm Vespers
31 – 10:00am Divine Liturgy
Sunday School
4:00pm Lenten Vespers

Coffee Hour

Today:

Next Week: Ladies Society



If a person wants to get an idea about the pyramids of Egypt, he must either trust those who have been in immediate proximity to the pyramids, or he must get next to them himself. There is no third option. In the same way a person can get an impression of God: He must either trust those who have stood and stand in immediate proximity to God, or he must take pains to come into such proximity himself.

-St. Nicholas of Serbia



March/April Events

April

03 – 7:00pm Presanctified Liturgy
Pot-luck dinner
05 – 6:00pm Fun Night
06 – 6:00pm Vespers & General
Confession
07 – 10:00am Divine Liturgy
Sunday School
4:00pm Lenten Vespers
10 – 7:00pm Presanctified Liturgy
Pot-luck dinner

11 – 7:00pm Canon of St. Andrew
13 – 6:00pm Vespers
14 – 10:00am Divine Liturgy
Sunday School
4:00pm Lenten Vespers
17 – 7:00pm Presanctified Liturgy
Pot-luck dinner
20 – 10:00am Divine Liturgy
6:00pm Vespers
21 – 10:00am Divine Liturgy
Sunday School
4:00pm Bridegroom Matins

Birthdays/ Anniversaries

Alexandra Murianka B – 3/24
Pat Mammarella B – 3/24
Martin Greendlinger B – 3/25

2019 Mission Vespers

March 24 – Sunday of St. Gregory Palamas – Church of the Descent of the Holy Spirit (OCA)
1323 Ashbourne Road, Elkins Park, PA 19027-2913

March 31 – Sunday of the Precious Cross – St. George Church (Antiochian)
8210 West Chester Pike, Upper Darby, PA 19082

April 7 – Sunday of St. John Climacus – Assumption of the Holy Virgin Church (OCA)
2101 South 28th Street, Philadelphia, PA 19145

April 14 – Sunday of St. Mary of Egypt – Mother of God Church (Georgian)
412 Philmont Avenue, Feasterville, PA 19053

Hebrews 1:10-2:3 (Epistle)

And: "You, LORD, in the beginning laid the foundation of the earth, and the heavens are the work of Your hands. They will perish, but You remain; and they will all grow old like a garment; like a cloak You will fold them up, and they will be changed. But You are the same, and Your years will not fail." But to which of the angels has He ever said: "Sit at My right hand, till I make Your enemies Your footstool"? Are they not all ministering spirits sent forth to minister for those who will inherit salvation? Therefore we must give the more earnest heed to the things we have heard, lest we drift away. For if the word spoken through angels proved steadfast, and every transgression and disobedience received a just reward, how shall we escape if we neglect so great a salvation, which at the first began to be spoken by the Lord, and was confirmed to us by those who heard Him,

Mark 2:1-12 (Gospel)

And again He entered Capernaum after some days, and it was heard that He was in the house. Immediately many gathered together, so that there was no longer room to receive them, not even near the door. And He preached the word to them. Then they came to Him, bringing a paralytic who was carried by four men. And when they could not come near Him because of the crowd, they uncovered the roof where He was. So when they had broken through, they let down the bed on which the paralytic was lying. When Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven you." And some of the scribes were sitting there and reasoning in their hearts, "Why does this Man speak blasphemies like this? Who can forgive sins but God alone?" But immediately, when Jesus perceived in His spirit that they reasoned thus within themselves, He said to them, "Why do you reason about these things in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven you,' or to say, 'Arise, take up your bed and walk'? But that you may know that the Son of Man has power on earth to forgive sins" – He said to the paralytic, "I say to you, arise, take up your bed, and go to your house." Immediately he arose, took up the bed, and went out in the presence of them all, so that all were amazed and glorified God, saying, "We never saw anything like this!"

Children's Word

Have you ever thought something mean about somebody, even if you didn't say it out loud? When we think something mean or unkind, it almost sounds like we have said something mean too.

In today's Gospel reading, we hear about what happens after Jesus helps a sick man. Some of the important teachers heard Jesus talking. The Bible tells us they were "sitting there, questioning in their hearts." They were thinking to themselves that Jesus was lying! They were thinking that Jesus was saying something He wasn't! They were feeling these things in their hearts.

But then the Gospel reads, "At once, Jesus knew that they were thinking these questions." He talked to them. He showed them that He had great power from God. He told the sick man to get up, and he did!

Lots of times, we might have mean thoughts about people. We might think it doesn't matter, as long as we don't say them out loud. But as our Lord tells us in the Bible today, our thoughts matter too! When we feel ourselves thinking something mean about somebody, we can say a quick prayer and ask God to help us. We can ask Him to help us be kind to others, out loud and in our hearts!

THE ANNUNCIATION: WHAT DID THE THEOTOKOS HAVE IN HER HEART?

We know that we can think bad thoughts, but we can also think good and holy ones too!

Tomorrow is the great feast of the Annunciation, when we celebrate the good news that the angel told Mary. He told her that she would have a baby. But before that, he greeted Mary, and said, "Rejoice, O favored one, the Lord is with you! Blessed are you among women!"

Nobody had ever greeted her like that before, and the Bible tells us that she was afraid when she heard it. She thought in her heart what it might mean. The angel meant that she was blessed because she was going to have baby Jesus, the Son of God. She was going to carry Him and take care of Him!

Another time in the Bible, we read about how Mary, the Theotokos, kept things in her heart. Later on, we read about Jesus as a young boy, and how she found Him with the teachers in the Temple. The Bible says, "His mother treasured all these things in her heart."

The Theotokos knew that her Son was special, and she trusted God to make things clear someday. Let's be like the holy Theotokos, and try to think wonderful things about our Lord, Jesus Christ. Let's be like her, and not like the teachers in the Gospel today.

We celebrate the Annunciation tomorrow, Mar. 25th

• APRIL 2019 •

31 10:00am Divine Liturgy Sunday School <i>4:00pm Lenten Vespers</i>	01	02	03 7:00pm Presanctified Liturgy <i>Pot-luck</i>	04	05 6:00 pm Fun Night	06 6:00pm Vespers & General Confession
07 10:00am Divine Liturgy Sunday School <i>4:00pm Lenten Vespers</i>	08	09	10 7:00pm Presanctified Liturgy <i>Pot-luck</i>	11 7:00pm Canon of St. Andrew	12	13 6:00pm Vespers
14 10:00am Divine Liturgy Sunday School <i>4:00pm Lenten Vespers</i>	15	16	17 7:00pm Presanctified Liturgy <i>Pot-luck</i>	18	19	20 10:00am Divine Liturgy <i>Lazarus Saturday</i> 6:00pm Vespers
21 10:00am Divine Liturgy Sunday School <i>Palm Sunday</i> <i>4:00pm Bridegroom Matins at St. Stephen's</i>	22	23 7:00pm Bridegroom Matins	24 7:00pm Holy Unction	25 9:00am Vespers with Liturgy 7:00pm Matins with Passion Gospel	26 3:00pm Vespers <i>Pot-luck</i> 7:00pm Matins	27 10:00am Vespers with Liturgy 11:30pm Pascha Nocturne
28 12:00am Pascha Matins & Liturgy <i>Agape Meal</i> 10:00am Agape Vespers	29	30	01 7:00pm Bible Study	02	03	04